

## St. Johns Grandkids, 4 to K and VIK Sick Policy

1. **Fever-** a temperature of 100 or more. Your child must remain out of the center the next day, AND until his/her temperature has returned to normal for a 24 hour period without fever reducing medications.
2. **Eye Inflammation-** eye redness with drainage. The child will need to be assessed by a doctor. The child needs to be treated for a 24 hour period before re-admittance to the Center. All drainage and inflammation needs to be absent for 24 hours. A diagnosis of an eye condition must be on file.
3. **Discharge from nose-**thick, yellow/green colored mucus indicates infection from ear, sinus or eyes. If lasting more than 2 days a Dr. Slip will be required
4. **Rashes-** rashes are a possible indication of communicable diseases and will need to be assessed by a doctor. A statement from your doctor stating what the condition is, and when the child is no longer contagious is required prior to re-admittance to the center.
5. **Vomiting-** Your child has vomited and/or has the flu like symptoms. Your child cannot return to the center the next day, and must be symptom free for a 24 hour period, without the help of medication. Even if the child has not vomited in 24 hours, they must be able to resume normal diet and activities which include outdoor play.
6. **Coughing-** Continual coughing. Children may attend the Center when coughs are suppressed.
7. **Infestation-** scabies or head lice. Children with these conditions can not return to the center until treatment has been successful. A staff member or nurse will need to check the child before re-admittance to the center and be free of infestation and nits.
8. **Diarrhea-** 2 episodes of watery stools. Your child cannot return to the center the next day. A normal stool or no diarrhea within the past 24 hours is required before re-admittance to the center.
9. **Ear Infection-** Continual crying, unable to be comforted, unable to sleep peacefully, and /or diagnosed by a Dr. Child may return 24 hours after the start of medication and be able to resume normal activities, including outdoor play.
10. **Behavior Changes/Irritability** -Lethargy, continual crying, and not able to be comforted, if your child is requiring constant one on one care and/or not able to participate in center activities which include naptime, or outside time, your child should remain home until fully able to participate.

Please remember, your child has a greater chance of contracting other illnesses and passing on illness when they return to the center too soon.

Please help us to reduce the spread of childhood illness by keeping your child at home until healthy. Children who arrive at the center with any of the above stated conditions will not be able to stay.

I have read the above sick policy and have received a copy

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Parent/guardian signature

Date

